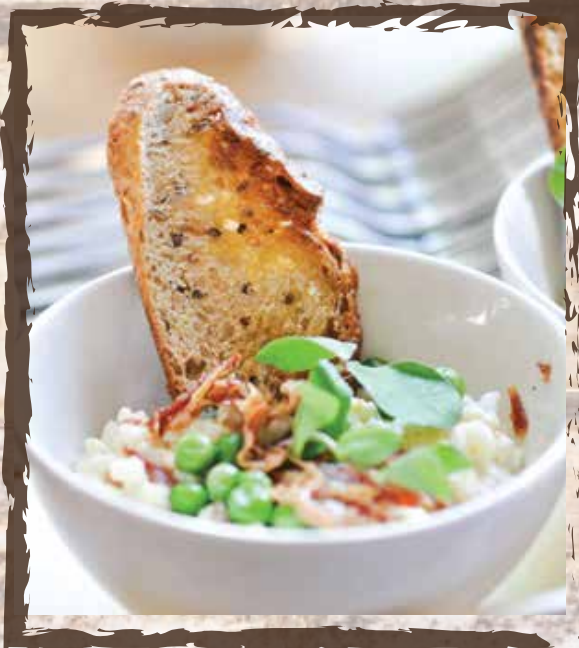


The Flying Cockerel



Includes breads,
crockery, cutlery
and serveware



Bowl
Food

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Bowl Food

Bowl foods are a substantial and stylish alternative to canapés. Small but perfectly formed, bowl food dishes are a perfect middle way between canapés and a full formal dinner. Bowl food is served in ceramic bowls and designed to eat standing up. As with our canapés the bowl food menu can be designed and served in keeping with the branding and décor of your event theme. We can even supply serving staff to take the hassle out of hosting and allow you to mingle with your guests

Pork & Sausage Bowls

Mini cumberland sausages, red onion and merlot gravy on mustard mash with sugar snap peas

Sweet and sour pork on egg fried rice

Peppered pork with courgette and garrganelli pasta

Spaghetti carbonara with salami crisps

Italian sausage and bean stew with oregano potatoes

Norfolk pork and apple with somerset cider – on creamed potato with spring onions

Chorizo and garlic king prawns on chilli and garlic vermicelli

Beef Bowls

Calves Liver and Crispy Proscuttio on Mash with Onion Gravy

Chilli on Rice with Sour Cream Finish

Beef in Blackbean Sauce with Bok Choy and Noodles

Beef Bourguignon and Roasted New Potatoes in Sea Salt and Cracked Black Pepper with Green Beans

Beef Madras and Pilaf Rice

Fillet Steak Stroganoff on Basmati and Wild Rice

Fillet Steak au Poivre with Chunky Chips

Chicken Bowls

Chicken chasseur, creamed potatoes baby green beans
Chicken in a tomato, onion, mushroom and basil sauce on fusilli pasta

Chicken supreme with basmati rice

Chicken jalfreizi on pilaf rice

Chicken korma or masala on coconut rice

Chicken stroganoff on basmati and wild rice

Thai chicken curry on thai rice with coriander

Duck Bowls

Teriyaki Pepper Crusted Duck Breast on Stir-fried
Choi Sum with Egg Noodles

Oriental Duck on Mixed Chinese Greens with Cashews Rice

Duck with Thai Basil, Chilli and Cashews

Fish Bowls

Salmon on chive mash with a champagne
and pink peppercorn sauce

Salmon, haddock and king prawns in a dill, white wine and cream sauce on mash, with a parmesan cheese crisp

Cajun salmon on roasted wedges with avocado cream dip

Scampi with chips and tartar

Smoked haddock, bubble and squeak and fried quails egg

Thai red king prawn curry angel hair pasta with garlic, scallops and rocket

Salad Bowls:

Fresh Tuna Niçoise

Chicken Caesar Salad

Chargrilled Baby Octopus Salad

Prawn Prosciutto Salad

Greek Salad

Orange Sweet Potato and Fried Noodle Salad

Salmon and Potato Salad

Crab and Spinach Sob Noodle Salad

Dessert Bowls

Lemon Possett With Shortbread

Vanilla Pavlova filled with Fresh Cream and Mixed Soft Fruit
and Berries Cooked in Cassis

Pistachio Pavlova, Rhubarb and Raspberries

Vanilla Panna Cotta with Balsamic Strawberries

Spotted Dick with Custard

Syrup Sponge with Custard

Bread and Butter Pudding with Nutmeg Finish

Warmed Chocolate Brownie with a Rich Dark Chocolate Sauce



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